



11<sup>TH</sup>  
**Annual Conference  
of African Society  
of Regional Anesthesia**

OCTOBER  
5<sup>TH</sup> - 7<sup>TH</sup>  
**2023**



**GRAND MOGADOR  
CASABLANCA  
MOROCCO**

**Program**



Société Marocaine d'Anesthésie, d'Analgesie et de Réanimation  
Moroccan Society of Anesthesia, Analgesia and Critical Care

**D1** Thursday 5<sup>th</sup>, 2023

8:30 - 8:35



**OPENING  
SPEECH**

8:35 - 9:00

### Keynote lecture

Inclusivity Equity in regional anesthesia. *Eleni Moka, Greece*

9:00 - 10:30

### Regional anesthesia

9:00 - 9:25  
Regional Anesthesia for Orthopedic Trauma.  
*Nabil Elkassabany, USA*

9:25 - 9:50  
Techniques for awake upper limb surgery? *Morné Wolmarans, UK*

9:50 - 10:15  
Regional anesthesia for breast surgery. *Loran Soliman, USA*

10:15-10:30



**D2** Friday 6<sup>th</sup>, 2023

8:30 - 9:30

### Obstetric anaesthesia

8:30 - 8:50  
Updates on labor analgesia and role of RA. *Sonia Lalla, Kenya*

8:50 - 9:10  
Postdural puncture headaches.  
*Mohamed Tiouririne, USA*

9:10 - 9:30  
Does regional anesthesia reduce mortality in Africa.  
*Nesrine El-Refai, Egypt*

9:30 - 10:10

### Regional Anesthesia for abdominal surgeries

*Madan Narayanan, UK*

9:50-10:10



10:10 - 10:30



**AFSRA  
DIAMOND PRIZE**

**D3** Saturday 7<sup>th</sup>, 2023

8:30 - 10:30

### Chronic pain

8:30 - 8:50  
Chronic post-surgical pain; Review and Update.  
*Samer Narouze, USA*

8:50 - 9:10  
Ketamine infusion for acute and chronic pain, do we have a guideline.  
*Amany E. Ayad, Egypt*

9:10 - 9:30  
Management of Low Back Pain; the evidence.  
*Ahmed Zaghloul, Egypt*

9:30 - 9:50  
Understanding neuropathic pain. *Ammar Salti, Émirats*

9:50 - 10:10  
Setting up a pain clinic : A Moroccan Experience;  
*Mustapha Boutbaoucht, Morocco*

10:10-10:30



10:30 - 11:00

## Coffee Break



10:30 - 11:00

## Coffee Break



10:30 - 11:00

## Coffee Break

11:00 - 11:40

### Regional anesthesia - French -

11:00 - 11:20

Shoulders blocks.

*Anissa Bel Bachir, France*

11:20 - 11:40

Regional Anesthesia in ERAS.

*Afak Nsiri, Morocco*

11:00 - 11:40

### Research session

11:00 - 11:20

Impact of fake data on the practice of regional anesthesia.

*Kariem El-Boghdadly, UK*

11:20 - 11:40

Big data and RAAPM.

*Nabil Elkassabany, USA*

11:00 - 11:40

### POCUS

11:00 - 11:20

Point of care ; Gastric ultrasound.

*Kariem El-Boghdadly, UK*

11:20 - 11:40

Focused Assessment with Sonography for Trauma (FAST).

*Ahmed Zaghoul, Egypt*

11:40 - 13:00

### Regional anesthesia - French -

11:40 - 12:10

Ultrasound in difficult spinal.

*Luc Sermeus, Belgium*

12:10 - 12:30

Considerations for diabetic foot surgery.

*Abderrahman Bouaggad, Morocco*

12:30 - 12:50

Ultrasound in pain medicine, The evidence.

*Ammar Salti, Émirats*

12:50 - 13:00



11:40 - 13:00

### Regional session

11:40 - 12:10

What is best for the knees?

*Nat Haslam, UK*

12:10 - 12:30

What about awake surgery for foot and Ankle .

*Morné, Wolmarans, UK*

12:30 - 12:50

Complications of Regional anesthesia and how to reduce them. *Jonathan Womack, UK*

12:50 - 13:00



11:40 - 13:00

### Regional

11:40 - 12:10

Fascial Plane Blocks.

*Mohamed Mostafa, Egypt*

12:10 - 12:30

Blocks for hip fracture?

*Nabil Elkassabany, USA*


12:30 - 12:50

The most practiced regional anesthesia in Tanzania, where do we stand?

*Amos Zacharia, Tanzania*

12:50 - 13:00



13:00 - 13:30	13:00 - 13:30	13:00 - 13:30
<b>Industry Lecture</b>	<b>Industry Lecture</b>	<b>Industry Lecture</b>
13:30 - 14:30 <b>Lunch Break</b>	13:30 - 14:30 <b>Lunch Break</b>	13:30 - 14:30 <b>Lunch Break</b>
14:30 - 15:30 <b>Workshop</b> Blocks above the clavicle	14:30 - 15:30 <b>Workshop</b> Front of the leg	14:30 - 15:30 <b>Workshop</b> Gastric and FAST/ Shoulder Injections
15:30 - 16:30 <b>Workshop</b> Blocks below the clavicle	15:30 - 16:30 <b>Workshop</b> The sciatic and ankle	15:30 - 16:30 <b>Workshop</b> Airway, Lung and DVT/ Caudal, SIJ and Piriformis injection
17:00  <b>OPENING CEREMONY</b>	16:45 - 18:00 <b>Workshop</b> Abdominal & back blocks	16:45 - 18:00 <b>Workshop</b> Clinical Scenario Hands on/ Stellate Ganglion and Occipital Nerves injection

**NB** Coffee break for 15 minutes will be available for of the workshops ( to be chosen according to every group)



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